

## MT04100

### COMMUNITY MENTAL HEALTH WORKER

Level 4

#### REPORTS TO (HIERARCHICAL)

Head of Community Mental Health Workers

#### REPORTS TO (FUNCTIONAL)

Head of Community Mental Health Workers

#### JOB FAMILY

Medical and Paramedical

#### MAIN PURPOSE

Providing optimal preventive and psychosocial aid to people with mental health and psychosocial needs at community level according to **MSF** principles, standards and procedures in order to provide the most appropriate mental health support for patients

#### ACCOUNTABILITIES

- Providing information and education to the affected population on mental health/psychosocial (psycho-education), according to specific needs
- Working together with other team members to prepare/produce various mental health psychosocial education messages/topics, according to specific groups and needs e.g. caretakers of malnourished children, population affected by armed conflict, etc.
- Identifying and appropriately referring patients who need medical or mental health assistance and providing psychological first aid to identified community members in need.
- Organizing supportive activities in the community (art for children, discussion sessions, etc.), if required.
- Ensuring that all patients attending MSF activities are well informed about services provided.
- Visiting families in their home/tent/shelter if required, in order to facilitate defaulters' tracing or to offer psycho-education.
- Attending supervision sessions and educational sessions with members of the team.
- Maintaining monitoring data and producing regular work reports to the supervisor.

#### EDUCATION

No specific degree required

#### EXPERIENCE

- Preferably coming from the beneficiaries' community and well accepted
- Desired experience in community and/or social work

#### LANGUAGES

Mission language and local language/dialects essential

#### KNOWLEDGE

- Desired knowledge of the affected population
- Strong communication, organizational and social skills (attentive listening, open attitude, empathy, sensitivity)
- Capacity to work in a multidisciplinary team
- Initiative, creativity and flexibility
- Capacity to adjustment to change

- Interest in helping vulnerable population

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## COMPETENCIES

- Results and Quality Orientation **L1**
  - Teamwork and Cooperation **L1**
  - Behavioural Flexibility **L1**
  - Commitment to MSF Principles **L1**
  - Stress Management **L2**
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